



Training Calendar

October
November
December
2014

Go to www.howardcountymd.gov/training and click "Register Online" graphic

October



Infant/Toddler Overview of Special Needs

Mon., Oct. 6 / 6:30 - 9:30 pm / \$23

3 hrs (2 SN, 1 CD) / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Gain a greater understanding of disabilities and special needs within the world of infants and toddlers. Discuss "red flags," resources, and strategies to include all children.

Taking Learning Outside

Tues., Oct. 7 / 6:30 - 9:30 pm / \$23

3 hrs CUR / T. Green

Gain a greater understanding of how outdoor environments and play space can assist with development and learning. Explore activity planning, environment design, and material and equipment selection to take your classroom outside.

Making Food (Nutrition) Fun for Kids

Weds., Oct. 8 / 6:30 - 9:30 pm / \$23

3 hrs HSN / C. Lothen-Kline

Unsure of how to teach nutrition to young children? Come learn great strategies to teach children about healthy food in a fun and interactive way. Explore fun activities to teach kids about nutrition.

Project Security Blanket

Weds., Oct. 15 & 22 / 6:30 - 9:30 pm / \$15

6 hrs (3 PRO, 3 HSN) / J. Johnson

Must attend both nights and complete emergency plan to receive certificate.

Develop a comprehensive emergency plan to follow when a disaster occurs. Natural disasters, technological hazards, medical emergencies, and family/community concerns are covered. Your plan will address multiple aspects of emergency preparation.

Center Aide Orientation

Thurs., Oct. 16 / 6:30 - 9:30 pm / \$15

3 hrs PRO / T. Harris

This workshop meets the new Center Aide Orientation requirement.

Learn strategies for appropriate supervision, get tips on communicating professionally with parents, and discuss the aide's role in a child care program.

Infant/Child & Adult CPR/AED Certification

Sat., Oct. 18 / 8:00 - 10:30 am / \$40

Approved for licensing; valid for two years; certified by the American Heart Association.

First Aid Certification

Sat., Oct 18 / 10:45 am - 1:15 pm / \$40

Approved for licensing; valid for two years; certified by the American Heart Association.

Infant/Toddler Physical Development

Mon., Oct. 20 / 6:30 - 9:30 pm / \$23

3 hrs (1.5 CD, 1.5 CUR) / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Examine fine and gross motor development in infants and toddlers, strategies and resources to encourage development, and fun activities to help children reach major milestones.

Developmentally Appropriate Art

Thurs., Oct. 23 / 6:30 - 9:30 pm / \$23

3 hrs (2 CUR, 1 COM) / Project ACT

Learn how to make art a developmentally appropriate and integral part of the day. Explore visual arts, how to implement a variety of art experiences for children of all ages, and your role in facilitating art activities and engaging children in conversation.



Dramatic Play: Setting the Stage for Success

Mon., Oct. 27 / 6:30 - 9:30 pm / \$23

3 hrs CUR / C. Bethke

Children learn about their world through participation, creativity, and using their imaginations. Explore strategies to promote and nurture dramatic play and creativity as a way to support children as they develop higher level thinking skills.



45-hour Infant/Toddler Caregiver Certificate

Gain the skills necessary to work with infants and toddlers in a family or center child care program. Topics include growth and development, selecting materials, health and safety, temperament, and working with families.

Meets: Mondays, Sept. 29 to Dec. 15, 2014, 6:30-9:30 pm
Wednesdays (Nov. 12 and Dec. 10 only)

Location: 6751 Columbia Gateway Drive, Rooms 303/401
Columbia, MD 21046 / Wednesdays meet at 3300 N. Ridge
Rd, Suite 360, Ellicott City, MD 21043

Cost: \$250

This certification course satisfies the MSDE requirement of 45 hours of infant-toddler training for child care teachers, directors, and family providers working with infants and toddlers.

Back to Basics: Understanding Nutrition Labels

Tues., Oct. 28 / 6:30 - 9:30 pm / \$23

3 hrs HSN / C. Lothen-Kline

Planning nutritious meals starts with understanding what food labels mean! Come learn what to look for, what to avoid, and how to make smarter choices when planning snacks and meals. Taste some fun and nutritious snacks you can serve in your program.

SIDS: Sudden Infant Death Syndrome

Weds., Oct 29 / 6:30 - 8:30 pm / \$15

2 hrs HSN / J. Johnson

SIDS is the sudden, unexplained death of an infant under 12 months. The cause of SIDS is unknown, but there are ways to make infants in your care safer.



November

Preventing Power Struggles

Sat., Nov. 1 / 9:00 am - 12:00 pm / \$23

3 hrs (2 CD, 1 COM) / A. Moriarty

Learn what leads to power struggles and a 5-step process which can prevent them. Examine strategies and skills to get out of power struggles and how to heal after it has occurred.



Handling the Fusses and Fits

Sat., Nov. 1 / 1:00 - 3:00 pm / \$15

2 hrs (1.5 CD, 0.5 COM) / A. Moriarty

Learn how to reduce stress by addressing a child's emotional state before behavior. Build your knowledge of child development principles, which impact discipline. Learn and practice the 3-step process which links emotions, thoughts, and actions. This leads to greater willingness and connection, and enhances learning.



Let's Talk About the Story

Mon., Nov. 3 / 6:30 - 9:30 pm / \$23

3 hrs CUR / S. Peyser

Learn the importance of asking questions as you read a story to children. Discover ways to support developing language and vocabulary skills that will be crucial to later development. Plus, make a story glove to use in your program

Supporting Children with Disabilities, Delays and Special Health Care Needs

Weds., Nov. 5 / 6:30 - 9:30 pm / \$23

3 hrs SN / J. Johnson

Creating an inclusive environment can be challenging if you aren't sure where to begin. Examine strategies that enable all children to participate, understand your role in an IEP/IFSP, and learn how to select materials and adapt your instruction and the environment to enhance learning.



Medication Administration

Sat., Nov. 8 / 8:30 am - 3:00 pm / \$50

6 hrs HSN / C. Fleming

Learn how to give oral, topical, inhaled, and emergency medicines to infants and children, how to keep accurate records, and regulations for medications. Bring a lunch.

MMSR Domains: Social Studies

Mon., Nov. 10 & 17 / 6:30 - 9:30 pm / \$40

6 hrs (4 CUR, 2 CD) / C. Bethke

Must attend both nights to receive certificate.

As children grow and develop, they gain greater perspective of the people and places around them. Providing opportunities to discuss and observe different cultures helps children develop important world social skills. Engage in interactive activities that explore people, citizenship, and communities.



Infant/Toddler Assessment and Screening

Weds., Nov. 12 / 6:30 - 9:30 pm / \$23

3 hrs (2 SN, 1 CD) / J. Johnson

Examine and gain a greater understanding of the reasons for assessment and screening of infants and toddlers. Learn how to apply this knowledge while caring for children and working with families.

Developmental Delays

Thurs., Nov. 13 / 6:30 - 9:30 pm / \$23

3 hrs SN / Project ACT

Review typical child development birth to 5 years, discuss "red flags," developmental screening tools, developmental delays, and adaptations to assist children with delays. Through interactive simulations, gain a greater understanding of the challenges children with delays face, and accommodations you can utilize in your program.

Infant/Child & Adult CPR/AED Certification

Sat., Nov. 15 / 8:00 - 10:30 am / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

First Aid Certification

Sat., Nov. 15 / 10:45 am - 1:15 pm / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

CPR and First Aid Re-Certifications

Sat., Nov. 15 / 1:30 - 5:00 pm / \$80

Certification Only / 1st Alert CPR Training

If your First Aid and CPR certifications are not expired, you may attend this condensed review course. Certified by the American Heart Association; valid for two years.

Infant/Toddler Problem-Solving

Mon., Nov. 17 / 6:30 - 9:30 pm / \$23

3 hrs (2 CUR, 1 CD) / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Infants begin to problem-solve from birth through observing caregivers, peers, and everything around them. Learn how young children use their own observations and investigations and how your environment can support problem-solving.

Nutrition and Active Learning

Tues., Nov. 18 / 6:30 - 9:30 pm / \$23

3 hrs HSN / T. Green

Promoting nutritional wellness in young children is important in establishing healthy eating habits. Learn about the nutritional needs of children birth to 12 years of age, and how to share this information with families. Explore the physical activity needs of children and how to meet these needs appropriately.

Introduction to the Maryland Credential

Weds., Nov. 19 / 6:30 - 8:30 pm / \$15

2 hrs PRO / J. Johnson

Come explore the many benefits to participating in the Maryland Credential program including a bonus and training vouchers. Learn about the application packet and process. A great review for those preparing to submit the renewal packet.

Infant/Toddler Health

Mon., Nov. 24 / 6:30 - 9:30 pm / \$23

3 hrs HSN / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Gain insight into many current health issues affecting infants and toddlers. Explore common illnesses, communicable diseases, required vaccinations, and best practices.

Play... A Young Child's Work

Mon., Nov. 24 / 6:30 - 9:30 pm / \$23

3 hrs (1.5 CUR, 1.5 CD) / S. Peyser

Children learn through play, so adults need to know how to nurture, facilitate, and encourage it! Learn why play is important, how it can promote literacy, adults' role in play, and how you can create social settings to encourage literacy and play.



December

Infant/Toddler Safety

Mon., Dec. 1 / 6:30 - 9:30 pm / \$23

3 hrs HSN / S. Parker

6751 Columbia Gateway Drive, Room 401, Columbia, MD

Learn what's necessary for infants and toddlers to feel safe and secure in a child care program. Learn strategies to ensure that your environment offers many safe, fun, and engaging choices.

Conflict Resolution Strategies

Mon., Dec. 1 / 6:30 - 9:30 pm / \$23

3 hrs PRO / T. Harris

When conflicts arise in child care, it's important to know how to professionally and appropriately address the situation. Come examine what causes conflict, how to prevent conflict, strategies for handling a conflict, and ways to build and maintain positive relationships with coworkers, families, and friends.

Healthy Eating, Healthy Weight, Healthy Kids

Tues., Dec 2 / 6:30 - 9:30 pm / \$23

3 hrs HSN / C. Lothen-Kline

In the US, one-third of kids are overweight. Children are developing chronic illnesses, such as diabetes and high blood pressure, that were once found only in adults. Discuss the complex issues that contribute to childhood obesity and share strategies for preventing and managing this epidemic.



MSDE Accreditation Orientation

Weds., Dec 3 / 1:00 - 3:00 pm / Free

2 hrs PRO / J. Johnson

Open to center, preschool, and nursery school directors and owners only.

Explore the standards, documentation, and rating process for MSDE Accreditation. Learn about the validation process and selecting a self-appraisal team. Required for pursuing MSDE Accreditation and Re-Accreditation. Contact Joan Johnson at jmjohnson@howardcountymd.gov for more information about the Steps to Accreditation series.

Introduction to Observation and Assessment of Children

Weds., Dec 3 / 6:30 - 9:30 pm / \$23

3 hrs CD / J. Johnson

Observation records are vital to successful planning. Learn how to create objective records, methods for collecting information, and how to use observational records in short and long term planning for children.

REMINDERS

Your emailed receipt is your official confirmation of registration; reminder emails sent prior to a workshop are a courtesy.

Save 10% on all workshop registrations when you complete them online! Visit www.howardcountymd.gov/training and click the "Register Online" button. For more information on completing online registrations, see page 1 of The Nest.

You may also mail a completed Registration Form to HCCCRC, 3300 N. Ridge Road, Suite 380, Ellicott City, MD 21043. Registrations with credit card information can be faxed to 410-313-1430. You may also call 410-313-1442 to register and pay by credit card.

Payment in full is due at the time of registration. Check, money order, or debit/credit card information are accepted. Online, phone, and fax are debit/credit card only.

Dance in Your Pants or Ants in Their Pants

Mon., Dec. 8 / 6:30 - 9:30 pm / \$23

3 hrs CUR / C. Bethke

Kinesthetic learners are naturally active and have a lot of physical energy. Examine ideas and learn new strategies to work with and meet the needs of all children, especially the kinesthetic (active) learners.



Infant/Toddler Nutrition

Mon., Dec. 8 / 6:30 - 9:30 pm / \$23

3 hrs HSN / S. Parker

6751 Columbia Gateway Drive, Room 303, Columbia, MD

Encouraging healthy eating habits is critical to the healthy development of children. Get tips on communicating with parents about nutrition, discuss healthy food choices, dealing with food allergies, and handling picky eaters. Learn fun and creative ways to introduce new foods.

Quality Staff Starts with You

Tues., Dec. 9 / 6:30 - 9:30 pm / \$23

3 hrs PRO / B. Egerton

You have a powerful influence on your coworkers. So what do you do when the people around you aren't getting the job done? Explore the ins and outs of improving the quality of staff around you by boosting your own professionalism. Gain a greater understanding of why people don't perform at top levels and how to "fix" them.

Children's Temperament and Parenting Styles

Mon., Dec. 10 / 6:30 - 9:30 pm / \$23

3 hrs CD / J. Johnson

A child's temperament affects his interactions with the world. The adults in an infant/toddler's life impact how temperament develops. Become familiar with temperament types and parenting styles and learn how to use this information in your program.

Infant/Child & Adult CPR/AED Certification

Sat., Dec. 13 / 8:00 - 10:30 am / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

First Aid Certification

Sat., Dec. 13 / 10:45 am - 1:15 pm / \$40

Certification Only / 1st Alert CPR Training

Approved for licensing; valid for two years; certified by the American Heart Association.

The Power of Communicating with All Families

Mon., Dec. 15 / 6:30 - 9:30 pm / \$23

3 hrs COM / S. Peyser

Examine communicating, building relationships, exploring diverse families, and how to deal with difficult families. Engage in activities and learn strategies to use when communicating with all families.

Understanding and Addressing Bullying in Child Care

Weds., Dec. 17 / 6:30 - 9:30 pm / \$23

3 hrs CD / S. Glisan

The word "bullying" is used to describe a lot of behaviors, but what does it really mean? Gain a greater understanding of bullying, identify strategies for creating an atmosphere that prevents it from happening, and learn what to do when you see bullying occur. Come find the answer to these questions and more. Information in this workshop applies to children age 3 years and older.

*All workshops are held at
3300 N. Ridge Road, Suite 360, Ellicott City, MD 21043,
unless otherwise noted.*

Training Workshop Registration Form

Name _____ **Birthdate** (mm/dd/yy) _____

Mailing Address _____

Phone (h) _____ (w) _____ (c) _____

Email _____

Workshop Title _____ **Date** _____ **Cost** _____

Make Check/Money Order

Payable to: Howard County
Director of Finance

Credit Card No. _____

Exp. Date _____ **CVV** _____

Name on Card _____

Mail to Howard County CCRC

3300 N Ridge Rd, Suite 380
Ellicott City, MD 21043